

Carrick P.S Lunch Menu



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|--|--|---|---|--|
| WEEK 1 26.04.21 | Oven Baked Sausages Baked Beans Fresh Diced Turnip Tossed Salads Mashed Potato Flake meal Biscuit or Yoghurt & Fruit | Oven Baked Homemade Breaded Chicken Goujons Selection of Dipping Sauces Garden Peas Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit | Roast Loin Pork or Roast Turkey Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Crispy Roast Potatoes Mashed Potato Cheese, Crackers & Grapes | Breast of Chicken Curry with Boiled Rice, Naan Bread Or Savoury Mince Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato Chocolate Muffin Or Yoghurt & Fruit | Homemade Margherita Pizza Or Salmon Salad baguette Sweetcorn, Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Mashed potato Ice Cream Pot or Yoghurt & Fruit |
| WEEK 2 03.05.21 | <p style="text-align: center;">BANK HOLIDAY</p> | <p style="text-align: center;">BANK HOLIDAY</p> | Margherita Pizza Baked Beans Broccoli Pasta Chips Chocolate Cookie & Fruit | Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots & Parsnip Crispy Roast Potato Mashed Potatoes Chocolate Cookie or Yoghurt & Fruit | Homemade Breaded Chicken Bites Selection of Salads Choice of Dips Sweetcorn Chips Baked Potato Jelly Pot or Yoghurt & Fruit |
| WEEK 3 10.05.21 | Savoury Mince Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate Muffin or Yoghurt & Fruit | Quarter Pound Steak Burger Gravy French Green beans Fresh Diced Turnip Mashed Potato Vanilla Cookie or Yoghurt & Fruit | Breaded Cod Fish Fingers(3) Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato Cheese, Crackers & Grapes | Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Crispy Roast Potatoes Mashed Potato Flake meal Biscuit or Yoghurt & Fruit | Hotdog, Sauté Onions Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips Home Baked Oven Wedges Ice Cream Pot or Yoghurt & Fruit |
| WEEK 4 17.05.21 | Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Fresh Diced Carrots Mashed Potato Chocolate Cookie or Yoghurt & Fruit | Beef Stew in Rich Gravy Or Hand Breaded Chicken Bites Homemade Wheaten Bread Sweetcorn Broccoli Florets Mashed Potato Shortbread Biscuit or Yoghurt & Fruit | Roast Topside of Beef or Roast Chicken Herb Stuffing, Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Crispy Roast Potatoes Mashed Potato Fruit Muffin or Yoghurt & Fruit | Fresh Breaded Fish Fillet Lemon Slice and Tartar Sauce Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato Jelly Pot or Yoghurt & Fruit | Homemade Margherita Pizza Sweetcorn Crunchy Coleslaw Tossed salad Traditional Champ Chips Ice Cream Pot or Yoghurt & Fruit |

***Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily***

***Salad Selection
Rice Salad, Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot***

***If You Require Any
Additional
Information on
Allergens or
Special Diets
Please Contact the
School to
complete a Special
Diets Application
Form***

