

## Weekly Meal Planner

	Week Commencing 28.08.17	Week Commencing 04.09.17	Week Commencing 11.09.17	Week Commencing 18.09.17
Monday		Stuffed Bacon Rolls	Chicken Panini	Sweet & Sour Chicken & Rice
	OFF	Roast Chicken & Stuffing	Steak Burger	Steak Burger
		Mashed Potato/Gravy	Peas & Sweetcorn	Mashed Potato/Gravy
		Peas & Sweetcorn	Mashed Potato/Gravy	Peas & Sweetcorn
		Mixed Salad	Pasta	Mixed Salad
		Muffin	Muffin	Muffin
Tuesday		Chicken Curry & Rice	Home Made Pizza	Spaghetti Bolognese
	OFF	Chicken Panini	Fresh Fish/Fish Fingers	Roast Chicken & Stuffing
		Peas/ carrots	Chips/ Mashed Potato	Mashed Potato/Gravy
		Gravy	Carrots	Carrots & Broccoli
		Chips/ Mashed Potato	Broccoli	Gravy
		Jelly	Frozen Mousse	Shortbread
Wednesday		Spaghetti Bolognese	Chicken Curry & Rice	Fresh Fish/Fish Fingers
		Salmon Fishcake		Tuna Roll
		Fish Fingers		
		Carrots	Grilled Bacon	HomeMade Pizza
	OFF	Broccoli	Mashed Potato/Gravy	Mashed Potato/Gravy
		Mashed Potato	Cauliflower	Carrots/ Peas
		Gravy	Carrots	Mixed Salad
	Shortbread	Shortbread	Frozen Mousse	
Thursday		Chicken Lasagne	Savoury Mince	Chicken Curry & Rice
		Steak Burger	Roast Chicken & Stuffing	Chicken Crumble
	OFF	Mashed Potato/Gravy	Carrots/ Peas	Mashed Potato/Gravy
		Pasta	Mashed Potato/Gravy	Carrots
		Carrots/ Peas	Oven Dry Roast Potato	Sweetcorn
		Cookie	Mixed Salad	Chocolate Cookie
		Cookie		
Friday	Steak Burger	Chicken Crumble	Veg Soup	Chicken Roll
	Pizza	Oven Baked Sausages	Tomato Soup	Chicken Nuggets
	Chips/ Mashed Potato	Chips/ Mashed Potato		Chips/ Mashed Potato
	Carrots	carrots	Hot Dog	Baked Beans
	Baked Beans	Baked Beans		Carrots
	Mixed Salad	Gravy	Mixed Salad	Gravy
	Flakemeal Biscuits	Flakemeal Biscuits	Flakemeal Biscuits	Flakemeal Biscuits