

# Carrick Primary School Menu – Meals Cost £2.60

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Week Commencing <b>04.03.19</b> Week One	Carrick Chicken Curry Boiled Rice Naan Bread Grilled Bacon Mashed Potato Gravy Peas & Sweetcorn  Chocolate Muffin	Country Vegetable Soup  Tomato Soup  Hot Dog  Artic Roll	<b>Ash Wednesday</b> Fresh Breaded Fish Fish Fingers Salmon Fishcake Mashed Potato / Gravy Carrots / Peas Pasta Frozen Mousse	Roast Chicken Stuffing Mash Potato Oven Dry Roast Potato Gravy Carrots Cauliflower Home Made Chocolate Brownie	Steak Burger Chicken Crumble Chips Mashed Potato Carrots Bake Beans  Raspberry Jelly
Week Commencing <b>11.03.19</b> Week Two	Home Made Lasagne Roast Chicken Stuffing Peas Sweetcorn Mashed Potato Gravy Chocolate Muffin	BBQ chicken Wrap Home Made Margarita Pizza Chips Mashed Potato/Gravy Carrots Bake Beans  Artic Roll	Steak Burger Fresh Breaded Fish Fish Fingers Mashed Potato / Gravy Cauliflower & Broccoli  Home Made Jam & coconut Sponge	Carrick Chicken Curry Boiled Rice Naan Bread Grilled Bacon  Mashed Potato Gravy Carrots/ Peas Chocolate Cookie	Country Vegetable Soup Tomato Soup  Hot Dog  Flake Meal Biscuits
Week Commencing <b>18.03.19</b> Week Three	OFF	OFF	Pasta Bolognese Crusty Bread Chicken Crumble Mashed Potato Gravy Carrots/ Peas  Shortbread	Boiled Ham Stuffing Mashed Potato Gravy Oven Dry Roast Potato Cauliflower Cabbage  Chocolate Cookie	Oven Baked Sausages B.B.Q Chicken Wrap Chips Mashed Potato/Gravy Carrots Baked Beans  Flake meal Biscuits
Week Commencing <b>25.03.19</b> Week Four	Carrick Chicken Curry Boiled Rice Naan Bread Grilled Bacon Mashed Potato Gravy Peas & Sweetcorn Chocolate Muffin	Steak Burger & Gravy Chicken Crumble  Mashed Potato Pasta Cauliflower & Broccoli  Shortbread	Salmon Fishcake Fish Fingers Home Made Lasagne Mashed Potato/Gravy Carrots/ Peas  Raspberry Jelly	Roast Turkey Stuffing Mash Potato Oven Dry Roast Potato Gravy Carrots Cauliflower Chocolate Cookie	Chicken Nuggets  Chips Mashed Potato Gravy Carrots Bake Beans Flake Meal Biscuits

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily  
 Menu Subject to Deliveries

# school food

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If you require any additional  
 Information on allergens or Special  
 diets please contact the school in the  
 first instance

