

Lunch Menu Term 1



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 16 th Jan	Spaghetti Bolognese Or Ham & Cheese Melt Garden Peas Salad Selection Pasta Salad Mashed Potato Gravy Muffin, Fruit or Yogurt	Homemade Breaded Chicken Goujons & Dip Or Chicken Wrap Diced Carrots Salad Selection Mashed Potato Jelly Pot, Fruit or Yogurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Breaded Fish Fingers Sweetcorn, Broccoli Florets Mashed Potato Fresh Fruit or Fresh Yogurt	Roast Breast of Chicken Or Roast Pork Traditional Stuffing Fresh Diced Carrots, Broccoli Florets Oven Roast Potato Mashed Potato, Gravy Rice Krispy Square, Fruit or Yogurt	Oven Baked Sausage Or Peppered Chicken Garden Peas Tossed Salad Baked Beans Baked Potato Chips Ice Cream Tub & Fruit Pieces
WEEK 2 23 rd Jan	Homemade Margherita Pizza Ham & Cheese Pizza Or Chicken Panini Garden Peas Tossed Salad Mashed Potato Flakemeal Biscuit & Water Melon Slice	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Steak Burger Broccoli Florets Carrots Mashed Potato, Gravy Muffin, Fruit or Yogurt	Italian Pasta Bake Or Fresh Breaded Fish Goujons Baked Beans Sweetcorn / Garden Peas Mashed Potato Jelly Pot, Fruit or Yogurt	Roast Breast of Chicken Or Chicken Crumble Traditional Stuffing Fresh Diced Carrots / Parsnip Oven Roast Potato Mashed Potato, Gravy Cookie, Fruit or Yogurt	Chicken Nuggets Or Beef Lasagne Sweetcorn Salad Selection Mashed Potato Chips Frozen Yogurt & Fruit Pieces
WEEK 3 30 th Jan	Oven Baked Breaded Fish Fingers Or Savoury Mince Carrots Garden Peas Mashed Potato Fresh Fruit or Fresh Yogurt	Breast of Chicken Curry & Boiled Rice & Naan Bread Or Chicken Panini / Wrap Sweetcorn Broccoli Florets Mashed Potato Jelly Pot, Fruit or Yogurt	Homemade Breaded Chicken Goujons & Dip Or Cottage Pie Salad Selection Baked Beans, Diced Turnip Mashed Potato, Gravy Flakemeal Biscuit, Fruit or Yogurt	Roast Gammon Or Roast Chicken Traditional Stuffing Fresh Baton Carrots Cauliflower Florets, Mashed Potato, Oven Roast Potato Gravy Ginger Biscuit , Fruit or Yogurt	Oven Baked Sausages Or Macaroni Cheese Garden Peas Coleslaw Mashed Potato Chips Ice Cream & Fruit Pieces
WEEK 4 6 th Feb	Steak Burger Or Stuffed Bacon Roll Baked Beans Sweetcorn Broccoli Florets Mashed Potato, Gravy Fresh Fruit or Fresh Yogurt	Pasta Bolognese Or Fresh Breaded Fish Goujons Fresh Baton Carrot Garden Peas Mashed Potato Parsley Sauce Flakemeal Biscuit, Fruit or Yogurt	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Sausage Garden Peas Diced Carrots Mashed Potato, Gravy Jelly, Fruit or Yogurt	Roast Breast of Chicken Or Salmon Fishcake Traditional Stuffing Broccoli Floret Tossed Green Salad Oven Roast Potatoes Mashed Potato, Gravy Shortbread, Fruit or Yogurt	Homemade Margherita Pizza Or Marinated Chicken & Vegetable Stir-Fry Noodles Sweetcorn, Salad Selection Chips Ice Cream & Fruit Pieces

*Breads
Milk, Water
A choice of Fresh
Fruit or Yoghurt
Available Daily*

*Rice, Pasta,
Noodles, Potatoes
and Gravy can be
served Daily*

*If You Require Any
Additional
Information on
Allergens or
Special Diets
Please Contact the
School to
complete a Special
Diets Application
Form*

Menu choices subject to deliveries



Fresh Fish & Chicken Nuggets May Contain Bones