

Carrick P.S Lunch Menu



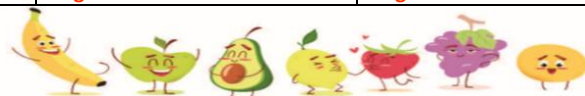
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 03.01.22	OFF	OFF	OFF	Roast Breast of Chicken Traditional Stuffing Gravy Fresh Baton Carrots Broccoli Florets Roast Potato Mashed Potato Chocolate Muffin, Fruit or Yoghurt	Homemade Margherita Pizza Oven Backed Sausages Peas Tossed Salad Chips Mashed Potato Flakemeal Biscuit, Fruit or Yoghurt
WEEK 2 10.01.22	Steak Burger Gravy, Broccoli Florets Fresh Baton Carrots Mashed Potato Shortbread Biscuit, Fruit or Yoghurt	Breast of Chicken Curry with Boiled Rice Naan Bread Sweetcorn Pasta Twists Mashed Potato Fresh Fruit Selection and Yoghurt	Fresh Breaded Fish Goujons Pasta Baked Beans Garden Peas Mashed Potato Salad Selection Jelly Pot, Fruit or Yoghurt	Savoury Mince Traditional Stuffing Gravy Cauliflower Fresh Diced Carrots Mashed Potato Roast Potato Muffin, Fruit or Yoghurt	Chicken Nuggets Sweetcorn Chips Baked Potato Salad Selection Ice Cream Tub with Fresh Fruit
WEEK 3 17.01.22	Pasta Bolognese Baked Beans Sweetcorn Garden Peas Mashed Potato Flakemeal Biscuit, Fruit or Yoghurt	Homemade Salt & Chilli Chicken Traditional Chicken Goujons Broccoli Florets Mashed Potato Pasta Salad Selection Raspberry ripple Ice Cream Slice Fresh Fruit Chunks	Oven Baked Sausage Garden Peas Baton Carrots, Mashed Potato Gravy Fresh Fruit Selection and Yoghurt	Roast Turkey Salmon fish cake Traditional Stuffing Gravy Fresh Carrot / Parsnip Mashed Potato Roast Potato Jelly Pot, Fruit or Yoghurt	Steak Burger Sweetcorn & Peas Chips Mashed Potato Salad Selection Strawberry Mousse & Fresh Fruit Salad
WEEK 4 24.01.22	Oven Baked Sausage Baton Carrots Garden Peas Gravy Mashed Potato Fresh Fruit Selection and Yoghurt	Spaghetti Bolognese Broccoli & Cauliflower Florets Mashed Potato Jelly Pot, Fruit or Yoghurt	Roast Breast Chicken Beef in Gravy Traditional Stuffing Gravy, Diced Turnip Fresh Baton Carrots Mashed Potato Chocolate Muffin, Fruit or Yoghurt	Homemade Salt & Chilli Chicken Traditional Chicken Goujons Baked Beans Sweetcorn, Salad Selection Mashed Potato Flakemeal Biscuit, Fruit or Yoghurt	Fish finger Sweetcorn Traditional Champ Chips Salad Selection Ice Cream Tub with Fresh Fruit

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Rice, Pasta,
Noodles, Potatoes
and Gravy can be
served Daily*

*If You Require Any
Additional
Information on
Allergens or
Special Diets
Please Contact the
School to
complete a Special
Diets Application
Form*

Menu choices subject to deliveries



Fresh Fish May Contain Bones