

# Carrick Primary School Menu – Meals Cost £2.60

|   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|---|
| Week Commencing<br><b>09.04.18</b><br>Week<br>One   | <b>OFF</b>  | French Baguette Pizzas<br><br>Oven Baked Sausages<br>Chips<br>Mashed Potato<br>Peas & Sweetcorn<br>Mixed Salad<br>Ice-cream Tub | Carrick Chicken Curry & Rice<br>Naan Bread<br><br>Fish Fingers<br>Salmon Fishcake<br>Mashed Potato/Gravy<br>Carrot & Broccoli<br>Jelly            | Chicken Crumble<br>Roast Turkey & Stuffing<br>Oven Dry Roast Potato<br>Mashed Potato/Gravy<br>Carrots & Cauliflower<br>Mixed Salad<br>Chocolate muffin cake | Steak Burger & Bap<br>B.B.Q Chicken Wrap<br>Chips<br>Mashed Potato<br>Carrots<br>Baked Beans<br>Flakemeal Biscuits<br>Fruit |
| Week Commencing<br><b>16.04.18</b><br>Week<br>Two   | Home Made Lasagne<br><br>Carrick Chicken Curry & Rice<br>Naan Bread<br><br>Mashed Potato/Gravy<br>Peas & Sweetcorn<br>Muffin    | Pizza<br><br>Chicken Cheese Panini<br><br>Mash Potato<br>Chips<br>Cauliflower & Broccoli<br>Ice-cream Tub                       | Spaghetti Bolognaise<br>Salmon Fishcake<br>Fish Fingers<br>Mashed Potato<br>Baby Boiled Potato<br>Peas & Carrots<br>Mixed Salad<br><br>Shortbread | Roast Chicken & Stuffing<br>Irish Stew<br>Mashed Potato/Gravy<br>Baby Boiled Potato<br>Sweetcorn & Carrots<br>Chocolate Cookie                              | Country Vegetable Soup<br>Tomato Soup<br>Hot Dog<br>Chicken Roll<br><br>Flakemeal Biscuits<br>Melon                         |
| Week Commencing<br><b>23.04.18</b><br>Week<br>Three | Chicken Crumble<br><br>Steak Burger<br><br>Mash Potato<br>Peas & Sweetcorn<br>Gravy<br>Muffin                                   | French Baguette Pizzas<br><br>Fish Fingers<br><br>Chips/ Mashed Potato<br>Carrots<br>Cauliflower<br>Mixed Salad<br>Jelly        | Carrick Chicken Curry & Rice<br>Naan Bread<br><br>Home Made Lasagne<br><br>Mashed Potato/Gravy<br>Peas & carrots<br><br>Chocolate muffin cake     | Braised Steak<br>Roast Chicken<br>Stuffing<br>Oven Dry Roast Potato<br>Mashed Potato/Gravy<br>Sweetcorn/Carrots<br>Mixed Salad<br>Cookie                    | Chicken Roll<br>Oven Baked Sausages<br><br>Chips<br>Mashed Potato<br>Carrots<br>Baked Beans<br>Gravy<br>Flakemeal Biscuits  |
| Week Commencing<br><b>30.04.18</b><br>Week<br>Four  | Carrick Chicken Curry & Rice<br>Naan bread<br>Savoury Mince<br>Mashed Potato/Gravy<br>Peas & Sweetcorn<br>Mixed Salad<br>Muffin | Steak Burger<br><br>B.B.Q Chicken Wrap<br><br>Mash Potato<br>Carrots & Peas<br>Gravy<br>Shortbread                              | Fish Fingers<br>Salmon Fishcake<br><br>Spaghetti Bolognaise<br><br>Mash Potato<br>Sweetcorn & Carrots<br>Gravy<br>Ice-cream Tub                   | Roast Turkey & Stuffing<br><br>Chicken Crumble<br>Oven Dry Roast Potato<br>Mash Potato / Gravy<br>Carrots & Cauliflower<br>Chocolate Cookie                 | Chicken Roll<br><br>Chicken Nuggets<br>Chips/ Mashed Potato<br>Baked Beans<br>Carrots<br>Gravy<br>Flakemeal Biscuits        |

Menu Subject to Deliveries

# school food

Try Something New today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

